

**Guru Performance Institute**  
PO Box 1382  
Norwich, NR15 1SS  
www.GuruPerformance.com



## **EXERCISE SCIENCE & PERFORMANCE NUTRITION SHORT COURSE PROGRAM: SHORT COURSE 10**

### **CERTIFICATE OF COMPLETION**

9.2.2018

THIS IS TO CERTIFY THAT

**SEAN VANDER VEER**

HAS COMPLETED THE FOLLOWING CPD COURSE:

**‘Applied Performance Nutrition 1’**

**AS PART OF THE GURU PERFORMANCE INSTITUTE’S CONTINUING PROFESSIONAL  
DEVELOPMENT (CPD) PROGRAM IN EXERCISE SCIENCE & PERFORMANCE NUTRITION**

LECTURES SUCCESSFULLY COMPLETED:

- Football nutrition - James Morton PhD
- Nutrition for triathlon - Kevin Currell PhD
- Sports nutrition and rugby - Prof. Graeme Close PhD
- Application of sports nutrition in Premier League football - Mayur Ranchordas DProf
- Marathon physiology and nutrition - Scott Robinson PhD SENr

**CEU / CPD / CEC hours achieved: 10**

A handwritten signature in black ink, appearing to read 'Laurent Bannock', positioned above a horizontal line.

**Laurent Bannock**  
DProf(c) MSc FISSN CSCS SENr  
Director - The Guru Performance Institute



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